

RMS ATHLETICS and ACTIVITIES

C.A.R.E. TO PLAY CONTRACT

(Courteous * Accepting * Responsible * Excited to Participate)

EXPECTATIONS IN THE CLASSROOM:

1. I will arrive to class on time and stay in class.
2. I will work to be passing grades in ALL classes - No NCs.
3. I will not be sent out of class for negative behaviors.
4. I will have no out of school suspensions.

EXPECTATIONS WITH THE TEAM/CLUB:

1. I will be courteous and respectful of all teammates, coaches, officials, and opposing teams.
2. I will try my best during practices and games/meets.
3. I will be at all practices, unless I have coordinated ahead of time with the coaches.
4. I will have no more than 2 unexcused absences.
5. I will have a ride arranged on game days to pick me up at RMS no later than 6:00 PM.
6. I will be responsible and care for my uniform and return it in excellent condition.

CONSEQUENCES:

1. I can practice but may not be allowed to play in games/meets.
2. I will have one week to make progress toward meeting expectations.
3. If I continually do not meet expectations, I may be removed from the team.
4. If I am sent out of class, I may be sent home after school and miss practice or game/meet.
5. If I am suspended from school, I may be removed from the team.
6. If my uniform is returned in poor or damaged condition, I will be assessed a fine to replace it.
7. If I am dismissed from the team for not meeting the above expectations, I will not receive a refund of the fee.

----- ***Sign and return to Robbinsdale Middle School - Activities Director*** -----
Jared Severson

I have read, understand, and will meet all of the above player expectations.

Player Name (Print): _____ Sign: _____

I have read, understand, and will support my child in meeting all of the above expectations.

Parent/Guardian Signature: _____

2018-2019 Robbinsdale Middle School Activities Participation Form

I, undersigned, grant _____ (student's name) permission to participate in the activity below. Grade _____

Athletics (Circle the activity for the current season **ONLY**):

Quarter 1	Quarter 2	Quarter 3	Quarter 4
Boys Soccer 7-8	Wrestling 6-8	Boys Basketball 7-8	Boys Track 6-8
Girls Volleyball 6-8	Girls Basketball 6-8		Girls Track 6-8
IM Boys Soccer 6	IM Boys Basketball 6		

- \$46 per Athletic activity; reduced rates for students qualifying for free/reduced lunch
- \$20 per IM (intramural) activity - IM Boys Soccer and IM Boys Basketball

Activities

Beatz & Mindz \$0	Chess Club \$10	Destination Imagination \$20	Video Crew \$20
Math Club \$0	REBMAHC \$0	Multicultural Club \$0	Yearbook \$0
Select Choir \$0	Musical \$40	Student Council \$0	Jazz Band \$0

The Maximum charge per family in the district will be \$700.00 per school year.

***Parents: If you are unable to pay the full amount, please pay as much as you can (We are asking at least half).

Robbinsdale Area Schools Permission Slip and Waiver Form

1. As a parent/guardian, I give my permission for my child to participate in Middle School Activities. These activities are not required by the Robbinsdale Area School District. In addition, I give permission for my child to participate in all off-site competitions, practices and activities associated with these Middle School Activities, including transportation to and from such events. I am aware of the inherent risks associated with these activities and that all risks cannot be prevented. If my child should require emergency medical treatment, I consent to such treatment. I acknowledge that the school district does not provide accident or health insurance for students and I agree to be responsible for any medical bills incurred as a result of emergency medical treatment. To the maximum extent permitted by law, I hereby hold harmless and release the school district, its officers, employees and volunteers, from any claims for damages or injury to my child or property, which may arise from my child's participation in the above program and all related activities. This release holds harmless clause does not apply to intentional or negligent acts of the school district, its officers, employees and volunteers that cause harm to my child. However, by signing below, I agree that the school district will not be responsible to pay any deductible on any insurance our family may have, if a claim is made that arise out of my child's participation in sports. If I am concerned about the program identified above or any of the activities or risks associated with the program, I understand that I can contact the Robbinsdale Area School District or my child's middle school.

2. Students will be expected to follow all school rules, including those covered in the district's Discipline Handbook.

3. The participant will be required to pay for any issued equipment/uniforms which are not returned.]

4. After the beginning of the season, a refund request will be honored only if the student, through no fault of his/her own cannot continue with the activity. No refund will be provided in case of quitting an activity or being dropped from an activity because of disciplinary action or academic eligibility. The allowable reasons for refund include: injury, illness, or transfer to another school out of district. There will be no refunds after the midseason of the activity has been reached.

5. **FOR ATHLETES ONLY:** I hereby accept full responsibility for the physical condition of my student to participate in this activity. A DOCTOR'S EXAMINATION IS REQUIRED (within the last 3 years). No responsibility for the student's physical condition is assumed by the school or its coaches.

** Please make checks payable to Robbinsdale Middle School.

Date: _____

Parent/Guardian Name (please print): _____

Parent/Guardian Signature: _____

Cell Phone Number: _____

Home Phone Number: _____

2018-2019 Robbinsdale Activity Student Information and Waivers

Emergency Information

Male _____ Female _____ Age _____

Student Name _____ Date of Birth _____

Parent's / Guardian's Name _____

Address _____ Home Phone _____

Additional Numbers to reach Parents / Guardians:

In an emergency, if Parents / Guardians cannot be contacted:

Notify _____ Phone _____

Family Doctor _____ Doctor's Phone _____

Insurance Company _____

Preferred Hospital _____

We, the undersigned, recognize that School District 281 has no liability for injuries resulting from participating in the activity / athletic program and that the school does not carry insurance to cover expenses incurred from injuries. We, hereby release the school district from any claims and demands in connection with injuries suffered by the student named below.

Academic Eligibility

We, the undersigned, understand that students will not be allowed to participate in any activity if they have more than one non-passing class. If at any time, the participant is not passing all current classes, they may not be allowed to fully participate in the activity until grades are improved.

Rules & Regulations

We, the undersigned, have reviewed the Rules & Regulations, as well as the Activities Directory. We agree to abide by the rules and regulations as stated. Copies of the Activities Directory can be found in the Guidance Office or online via the website.

Student Signature

Date

Parent / Guardian Signature

Date

2018-2019 Robbinsdale Middle School
Student Activities
Rules & Regulations

1. Academic Eligibility

- Prior to students participating in any activity, grades will be checked from the previous term. Students failing more than one class in the term immediately before the season, will not be allowed to participate. Students are expected to maintain and work toward passing grades in all classes to be fully eligible to participate in any activity (excluding Targeted Services). Grades and progress will be monitored by teachers, coaches, activity leaders, and the activities director. Any participant who has a failing grade may be only allowed to practice, but not participate in games until grades improve.

2. Behavior

- You are representing Robbinsdale Middle School during all after school activities. All school rules and procedures continue after school during all activities.
- Each coach/activity leader may have additional rules that are particular to that activity.
- Students removed from class may be sent home and not allowed to participate in practices, games, or events that day. Students who receive suspension, and are involved in afterschool activities, might not be allowed to resume participation for the remainder of that season. Students involved in year-long, or special session, after school activities may be allowed to resume participation upon meeting with the activity's supervisor and the activities director.

3. Activity Events

- Student participants must display proper behavior at all times because they are representing Robbinsdale Middle School.
- Students must stay at the event until the coach/supervisor gives them permission to leave.
- Participants may not leave an away event unless the coach/activity leader has received a verbal/written request from the parent/guardian who is at the event. No student will be allowed to leave with another student's parent/guardian unless written permission has been received prior to the event.

4. Physical Examinations

- Physicals are not required, but we encourage you to get a physical for your child each year.
- Your signature indicates that your student is fit for activities.

5. Athletic Equipment

- Most equipment is supplied by the school.
- The student must pay for lost or damaged equipment or uniforms. A student will not be allowed to begin another season until all previous equipment issued is returned or paid.
- Uniforms are to be worn on game days only unless directed otherwise by the coach.

6. Attendance

- After school practices begin no more than ten minutes after dismissal from classes.
- During practices, participants are to remain with the team and under the coach's supervision.
- You are a member of a team and other team members are relying on you. Too many absences may result in removal from the team.

7. Transportation

- Activity buses run Monday-Thursday at 4:30 pm. There are 4 routes, with maps posted in the front hall, office, waiting room, and locker rooms. Students who live in PMS attendance areas can ride an activity bus to AHS for the high school activity bus at 5:10 pm.
- Appropriate bus behavior is required for all the buses. If a student does not follow the rules or directions from coaches/activity leaders and/or bus drivers, the consequences will be:
 - a. 1st Offense: Warning
 - b. 2nd Offense: Suspension for a specified time
 - c. 3rd Offense: Removal from the team and loss of activity bus privileges for the remainder of the sports season.

8. Family Responsibility / Obligations

- Students not riding the activity bus must be picked up by 4:30 pm. Or right after the games.
- Students may be put on suspension or lose their place on the team if they are not picked up after games or practices in a timely manner.

9. School Responsibility / Obligations

- Students who have detention or make-up work for a teacher are expected to complete it before going to a practice or game.
- For an athlete to participate in an athletic contest, they must be in school for more than half of the school day.
- If a student is suspended out of school, they cannot participate in any extracurricular activity during their suspension. Coaches and Activity Leaders should use discretion when dealing with students serving in-school suspension.

10. Alcohol, Drug, and Tobacco Violations:

- a. **1st Violation:** The student will miss two games or two weeks of activities, whichever is greater. If the violation occurs when two games/weeks do not remain, the suspension will continue into the next season.
- b. **2nd Violation:** The student will miss four games or four weeks of activities, whichever is greater, if the violation occurs when the four games/weeks do not remain, the suspension will continue into the next season.
- c. **3rd Violation:** The student is ineligible for any extra-curricular activities for the remainder of the school year.